**UJI NORMALITAS**

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| --- |
| **One-Sample Kolmogorov-Smirnov Test** |
|  | Unstandardized Residual |
| N | 80 |
| Normal Parametersa,b | Mean | ,0000000 |
| Std. Deviation | 5,01368367 |
| Most Extreme Differences | Absolute | ,080 |
| Positive | ,058 |
| Negative | -,080 |
| Test Statistic | ,080 |
| Asymp. Sig. (2-tailed)c | ,200d |
| Monte Carlo Sig. (2-tailed)e | Sig. | ,232 |
| 99% Confidence Interval | Lower Bound | ,222 |
| Upper Bound | ,243 |
| a. Test distribution is Normal. |
| b. Calculated from data. |
| c. Lilliefors Significance Correction. |
| d. This is a lower bound of the true significance. |
| e. Lilliefors' method based on 10000 Monte Carlo samples with starting seed 2000000. |

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| **One-Sample Kolmogorov-Smirnov Test** |
|  | Unstandardized Residual |
| N | 80 |
| Normal Parametersa,b | Mean | ,0000000 |
| Std. Deviation | 4,77130500 |
| Most Extreme Differences | Absolute | ,053 |
| Positive | ,041 |
| Negative | -,053 |
| Test Statistic | ,053 |
| Asymp. Sig. (2-tailed)c | ,200d |
| Monte Carlo Sig. (2-tailed)e | Sig. | ,848 |
| 99% Confidence Interval | Lower Bound | ,839 |
| Upper Bound | ,858 |
| a. Test distribution is Normal. |
| b. Calculated from data. |
| c. Lilliefors Significance Correction. |
| d. This is a lower bound of the true significance. |
| e. Lilliefors' method based on 10000 Monte Carlo samples with starting seed 299883525. |

**UJI LINEARITAS**

**KESADARAN PENUH DAN KESEJAHTERAAN PSIKOLOGIS**

|  |
| --- |
| **ANOVA Table** |
|  | Sum of Squares | df | Mean Square | F | Sig. |
| Kesejahteraan Psikologis \* Kesadaran Penuh | Between Groups | (Combined) | 1751,971 | 38 | 46,104 | 1,663 | ,056 |
| Linearity | 903,063 | 1 | 903,063 | 32,567 | <,001 |
| Deviation from Linearity | 848,908 | 37 | 22,943 | ,827 | ,719 |
| Within Groups | 1136,917 | 41 | 27,730 |  |  |
| Total | 2888,888 | 79 |  |  |  |

**KESEIMBANGAN KEHIDUPAN-KERJA DAN KESEJAHTERAAN PSIKOLOGIS**

|  |
| --- |
| **ANOVA Table** |
|  | Sum of Squares | df | Mean Square | F | Sig. |
| Kesejahteraan Psikologis \* Keseimbangan Kehidupan-Kerja | Between Groups | (Combined) | 1586,714 | 23 | 68,988 | 2,967 | <,001 |
| Linearity | 1090,425 | 1 | 1090,425 | 46,894 | <,001 |
| Deviation from Linearity | 496,289 | 22 | 22,559 | ,970 | ,513 |
| Within Groups | 1302,174 | 56 | 23,253 |  |  |
| Total | 2888,887 | 79 |  |  |  |

**UJI MULTIKOLINEARITAS**

|  |
| --- |
| **Coefficientsa** |
| Model | Unstandardized Coefficients | Standardized Coefficients | t | Sig. | 95,0% Confidence Interval for B | Correlations | Collinearity Statistics |
| B | Std. Error | Beta | Lower Bound | Upper Bound | Zero-order | Partial | Part | Tolerance | VIF |
| 1 | (Constant) | 12,078 | 4,247 |  | 2,844 | ,006 | 3,621 | 20,535 |  |  |  |  |  |
| Kesadaran Penuh | ,182 | ,054 | ,330 | 3,369 | ,001 | ,074 | ,289 | ,559 | ,358 | ,283 | ,734 | 1,362 |
| Keseimbangan Kehidupan-Kerja | ,417 | ,092 | ,444 | 4,534 | <,001 | ,234 | ,600 | ,614 | ,459 | ,381 | ,734 | 1,362 |
| a. Dependent Variable: Kesejahteraan Psikologis |

**UJI HIPOTESIS**

**HIPOTESIS MAYOR**

|  |
| --- |
| **Model Summary** |
| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
| 1 | ,676a | ,457 | ,443 | 4,512 |
| a. Predictors: (Constant), Keseimbangan Kehidupan-Kerja (X2), Kesadaran Penuh (X1) |

|  |
| --- |
| **ANOVAa** |
| Model | Sum of Squares | df | Mean Square | F | Sig. |
| 1 | Regression | 1321,519 | 2 | 660,760 | 32,461 | <,001b |
| Residual | 1567,368 | 77 | 20,355 |  |  |
| Total | 2888,888 | 79 |  |  |  |
| a. Dependent Variable: Kesejahteraan Psikologis (Y) |
| b. Predictors: (Constant), Keseimbangan Kehidupan-Kerja (X2), Kesadaran Penuh (X1) |

|  |
| --- |
| **Coefficientsa** |
| Model | Unstandardized Coefficients | Standardized Coefficients | t | Sig. |
| B | Std. Error | Beta |
| 1 | (Constant) | 12,078 | 4,247 |  | 2,844 | ,006 |
| Kesadaran Penuh (X1) | ,182 | ,054 | ,330 | 3,369 | ,001 |
| Keseimbangan Kehidupan-Kerja (X2) | ,417 | ,092 | ,444 | 4,534 | <,001 |
| a. Dependent Variable: Kesejahteraan Psikologis (Y) |

**HIPOTESIS MINOR**

|  |
| --- |
| **Correlations** |
|  | Kesadran Penuh | Kesejahteraan Psikologis |
| Kesadran Penuh | Pearson Correlation | 1 | ,559\*\* |
| Sig. (2-tailed) |  | <,001 |
| N | 80 | 80 |
| Kesejahteraan Psikologis | Pearson Correlation | ,559\*\* | 1 |
| Sig. (2-tailed) | <,001 |  |
| N | 80 | 80 |
| \*\*. Correlation is significant at the 0.01 level (2-tailed). |

|  |
| --- |
| **Correlations** |
|  | Keseimbangan Kehidupan-Kerja | Kesejahteraan Psikologis |
| Keseimbangan Kehidupan-Kerja | Pearson Correlation | 1 | ,614\*\* |
| Sig. (2-tailed) |  | <,001 |
| N | 80 | 80 |
| Kesejahteraan Psikologis | Pearson Correlation | ,614\*\* | 1 |
| Sig. (2-tailed) | <,001 |  |
| N | 80 | 80 |
| \*\*. Correlation is significant at the 0.01 level (2-tailed). |

**ANALISIS DATA TAMBAHAN**

**Mean Empirik Kesejahteraan Psikologis**

|  |
| --- |
| **Descriptive Statistics** |
|  | N | Minimum | Maximum | Mean | Std. Deviation |
| KesejahteraanPsikologis | 80 | 29 | 60 | 46,04 | 6,047 |
| Valid N (listwise) | 80 |  |  |  |  |

**Hasil Kategori Kesejahteraan Psikologis**

|  |
| --- |
| **Statistics** |
| Kategori  |
| N | Valid | 80 |
| Missing | 0 |

|  |
| --- |
| **Kategori** |
|  | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | Rendah | 2 | 2,5 | 2,5 | 2,5 |
| Cukup | 10 | 12,5 | 12,5 | 15,0 |
| Tinggi | 43 | 53,8 | 53,8 | 68,8 |
| Sangat Tinggi | 25 | 31,3 | 31,3 | 100,0 |
| Total | 80 | 100,0 | 100,0 |  |

**Mean Empirik Kesadaran Penuh**

|  |
| --- |
| **Descriptive Statistics** |
|  | N | Minimum | Maximum | Mean | Std. Deviation |
| KesadaranPenuh | 80 | 52 | 106 | 77,06 | 10,980 |
| Valid N (listwise) | 80 |  |  |  |  |

**Hasil Kategori Kesadaran Penuh**

|  |
| --- |
| **Statistics** |
| Kategori  |
| N | Valid | 80 |
| Missing | 0 |

|  |
| --- |
| **Kategori** |
|  | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | Rendah | 3 | 3,8 | 3,8 | 3,8 |
| Cukup | 31 | 38,8 | 38,8 | 42,5 |
| Tinggi | 36 | 45,0 | 45,0 | 87,5 |
| Sangat Tinggi | 10 | 12,5 | 12,5 | 100,0 |
| Total | 80 | 100,0 | 100,0 |  |

**Mean Empirik Keseimbangan Kehidupan-Kerja**

|  |
| --- |
| **Descriptive Statistics** |
|  | N | Minimum | Maximum | Mean | Std. Deviation |
| KeseimbanganKehidupanKerja | 80 | 35 | 60 | 47,89 | 6,447 |
| Valid N (listwise) | 80 |  |  |  |  |

**Hasil Kategori Keseimbangan Kehidupan-Kerja**

|  |
| --- |
| **Statistics** |
| Kategori  |
| N | Valid | 80 |
| Missing | 0 |

|  |
| --- |
| **Kategori** |
|  | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | Cukup | 9 | 11,3 | 11,3 | 11,3 |
| Tinggi | 38 | 47,5 | 47,5 | 58,8 |
| Sangat Tinggi | 33 | 41,3 | 41,3 | 100,0 |
| Total | 80 | 100,0 | 100,0 |  |