

## **An Overview of Psychological Well-Being on Women Survivors of Domestic Violence**

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### **ABSTRACT**

Domestic violence has a negative impact on women, especially for the elderly who experience it for the longest period. This study aims to find out the overview of PWB from women survivors of domestic violence. This study used a qualitative method with a phenomenological approach. In-depth interview was used for obtaining the data, and involved three informants who were in late adulthood. The results of this study indicate that the three informants went through the PTG period: they have a growth mindset, want to seek help from people, realize the importance of social support, develop spirituality, and deepen their relationship with God. All of those are adapted and led the informants to great PWB where they were able to accept themselves and forgive the past. They also have positive relationships with people; able to live autonomously; able to control the environment, all of their life goals had achieved, and they have been satisfied with life; they always want to develop to be better for themselves, God, and others. There are also protective and risk factors that influence PWB. The three informants who are survivors of domestic violence have a good, safe, and happy life, which is far from the negative effects of domestic violence such as PTSD, depression, unable to live independently, or chronic health problems.

**Keywords:** psychological well-being, domestic violence, post-traumatic growth